



Parsley & Pepper
MEDITERRANEAN BISTRO

**“REAL FOOD DOESN’T HAVE INGREDIENTS.....
REAL FOOD IS INGREDIENTS”**

At Parsley & Pepper we believe in strength freedom and joy. Eating healthy could easily give you the sense of empowerment. It does wonders for your body also for your mind. Our goal is simple and straightforward. To prove that eating healthy doesn't have to remain feeling less than satisfied.

Hours of Operation:
Monday thru Friday 10:00 a.m. - 8:00 p.m.
Saturday 11:00 a.m. - 8:00 p.m.
Sunday Closed

4608 Bennington Ave., Suite A
Baton Rouge, LA 70808
225.478.4091

STARTERS

- Classic Hummus and Pita 4.79
- Grecian Sauce 3.95
- Stuffed Cabbage Leaves 5.49
- Mousaka (Eggplant) 5.49
- Greek Salsa 4.99
- Stuffed Grape Leaves 5.49

SOUPS AND SALADS

Dressings: Balsamic Vinaigrette, Feta, Pepper Jelly, Caesar (extra dressing .59)

Spinach Salad

spinach, almonds, craisins, pepper jelly dressing, and feta cheese 7.59

Caesar Salad

parmesan, croutons, romaine lettuce, and caesar dressing 7.59

Avocado Greek Salad

avocado, feta cheese, tomatoes, bell peppers, red onions, garbanzo beans, and pita bread 8.29

Greek Lemon Chicken Soup

Cup 3.09 | Bowl 4.99

Lentil Soup

Cup 3.59 | Bowl 5.29

SANDWICHES

Served with one side

Chicken Salad Sandwich

multi grain bread, lettuce, tomatoes 7.29

Chicken Shawarma Pita

lettuce, red onion, tomatoes, Grecian sauce, and parsley 7.59

Gyro Pita

lettuce, red onion, tomatoes, Grecian sauce, and parsley 7.59

ENTREES

Served with two sides, 2 oz. Grecian sauce and pita

Chicken Shawarma Plate 9.29

Gyro Plate 9.59

Chicken Shish Kabob 9.79

Steak Shish Kabob 10.59

Shrimp Shish Kabob 10.29

Salmon Shish Kabob 10.59

Mousaka Plate 10.29

FAMILY MEAL

served two 32 oz. sides, ten kabobs or gyro, or chicken shawarma 30.00

KIDS MEAL

Served with one side

Chicken Salad 3.99

Quesadilla 3.99

Turkey and Cheese 3.99

Grilled Cheese 3.99

Kids Chicken Shawarma or Gyro 3.99

SIDES 1.99

Rice

Potatoes

Grilled Veggies

Hummus

Pasta Grilled

Mixed Fruit

Grilled Asparagus

Grecian Sauce

DRINKS

Soft Drinks 1.75

Bottle Water 1.99

Book your private PARTY today!

Catering Available!

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